

STARTERS

CHEF'S SOUP OF THE DAY	€7.00
Chef's home made Soup - freshly baked crusty roll 1	
CHICKEN WINGS & KOREAN BBQ SAUCE	€10.50
Spiced Chicken Wings - Korean B.B.Q Sauce 1	
DUCK SPRING ROLLS - HOISIN SAUCE	€10.50
Duck Spring Rolls - Hoisin Sauce and mixed Baby leaf Salad 1	
MUSHROOMS IN PANKO BREADCRUMBS	€9.50
Mushrooms with Panko breadcrumbs, served with seasonal greens & garlic mayo dip 1 3 7	
BAKED BRIE & CRANBERRY TARTLET	€10.50
Chef's Baked Brie & Cranberry Tartlet with Balsamic reduction - baby leaf salad 1 3 7	

CHILDRENS MENU

BEEFBURGER & CHIPS	€7.50
1 3 7	
CHICKEN BURGER & CHIPS	€7.50
1 3 7	
CHICKEN CURRY & CHIPS	€7.50
6	
FISH & CHIPS	€7.50
1 4 7	
CHICKEN TENDERS & CHIPS	€7.50
1	
SAUSAGES & CHIPS	€7.50
1	

**FOR BOOKINGS
TEL:0749155114**



CARRIGART

CATCH OF THE DAY €28.50

Grilled fillet of Seabass - Sauce Vierge (Tomato, onion, capers, lemon, butter) - Served with mashed potato + 1 side **6 4 7**

CHICKEN CURRY & RICE €17.50

Chicken Curry - Basmati Rice or chips **6**

BEEFBURGER €17.50

Beefburger in a brioche bun with bacon, cheese, saute' onions, coleslaw, chips **1 3 7**

CHICKEN FILLET BURGER €17.50

Chicken Fillet Burger in a brioche bun with bacon, cheese, coleslaw, chips **1 3 7**

THAI RED MONKFISH & PRAWN CURRY €28.50

Chef's authentic Thai red King Prawn & Salmon Curry, served with basmati rice or Chips **6 2 4**

CHICKEN GOUJONS €17.50

Chicken strips in Panko breadcrumbs, baby leaf salad, chips & dips **1 3 7**

CHICKEN CHORIZO €21.50

Supreme of Chicken on a bed of creamy mash Served with a Chorizo & smoked bacon cream sauce and a choice of side **6 7**

BATTERED SCAMPI €22.50

Gourmet Scampi in a light crispy batter with tartare sauce - chips **1 2**

FISH & CHIPS €17.50

Fresh fillet of Hake in Panko breadcrumbs - Served with chunky chips, mushy peas & tartare sauce **1 3 4**

VEGETARIAN €17.50

Chef's authentic Thai Red Mixed Vegetable Curry, Served with Basmati rice or chips **6**

CHEF'S SPECIALS

STEAK SANDWICH €21.50

Chargrilled 6oz Sirloin Steak, Served with saute' onions in a garlic & cheese Ciabatta Served with pepper sauce & skinny chips **1 7**

HEREFORD RIBEYE STEAK €27.50

Chargrilled Prime Irish Hereford Ribeye Steak Served with saute' onions, tomato, pepper sauce & chunky chips **6 7**

HEREFORD SIRLOIN STEAK €29.50

Chargrilled Prime Irish Hereford Sirloin Steak Served with saute' onions, tomato, pepper sauce & chunky chips **6 7**

SIDES

GARLIC BREAD	€4.0
1 3 7	
ONION RINGS	€4.0
1	
GARLIC POTATOES	€4.0
6 7	
SEASONAL VEGETABLES	€4.0
6 7	
MASHED POTATO	€4.0
6 7	
BABY BOILED POTATO	€4.0
6 7	
SIDE SALAD	€4.0
6	
CHAMP	€4.0
6 7	
HALF & HALF	€1.50 extra
6	

ALLERGY INFORMATION

1 CEREAL CONTAINING GLUTEN	9 CELERY
2 CRUSTACEANS	10 MUSTARD
3 EGGS	11 SESAME SEEDS
4 FISH	12 SULPHUR DIOXIDE
5 PEANUTS	13 LUPIN
6 SOYA BEANS	14 MOLLUSCS
7 MILK	6 GLUTEN FREE
8 NUTS	



CARRIGART

SUNDAY LUNCH MENU

STARTERS

Chef's fresh Vegetable Soup- Crusty Roll 1

Mushrooms in Panko breadcrumbs - garlic mayo dip 13

Chef's Smoked Mackerel Pate' - Toasted Ciabatta 147

MAINS

Grilled fillet of Salmon - Mushroom & white wine cream sauce G 47

Roast Silverside of Beef & Yorkshire Pudding 137

Roast stuffed Turkey & Ham - Cranberry sauce 1

Chicken fillet Parmigiana (breadcrumbed & pan fried - topped with a tomato, onion, garlic & oregano sauce - cheese) 17

MAIN COURSES SERVED WITH A SELECTION OF SEASONAL VEGETABLES & POTATOES

Chef's authentic Thai Red mixed Vegetable Curry - Basmati Rice G

DESSERTS

Chocolate Fudge Cake & Ice Cream 137

Apple Pie - Custard or Ice Cream 137

Chef's fresh Strawberry Pavlova & Cream G 37

ALLERGENS

GLUTEN 1 SHELLFISH 2 EGGS 3 FISH 4 NUTS 5

SULPHATES 6 DAIRY 7 SOYA BEAN 8 MUSTARD 9 CELERY 10 MOLLUSCS 11

G GLUTEN FREE

2 X COURSES €24.50..... 3 COURSES €29.50