



Isle Restaurant

MENU

At the Carrigart Hotel

The Isle Restaurant takes its name from Island Roy (Oileán Ruaidh) – a tranquil island just off the Donegal coast, known for its natural beauty and strong local roots.

Our menu is a tribute to the land and sea that surround us, using local ingredients with an Asian twist to celebrate the heritage of this special place.

Simple. Seasonal. Donegal at its best.



CARRIGART





ISLE RESTAURANT

... STARTERS ...

Soup of the Day - *Please ask your Server*

Served with Freshly Baked Bread Roll €8.50

Authentic Indian Onion Bhaji's

GF, 7

Served with a yogurt, mint & cucumber dip €10.50

Baked Goat Cheese Bon Bons

1,3,7,10

In Panko Breadcrumbs with Mango Coulis €12.50

Fresh Mussels with Crusty Bread

1,7,14

With Garlic, Coriander & White Wine €12.50

Chicken liver Parfait – toasted brioche

1,3,7

Chef's Chicken Liver Parfait – apple chutney –
toasted brioche €12.50

Chicken Caesar Salad

1,3,4,7

Romaine lettuce, tender chicken, crunchy croutons,
savory Parmesan cheese, and a creamy Caesar dressing €12.50

King Scallops in thai spiced breadcrumbs

1,7,14

Pan seared King Scallops - topped with chilli, garlic, ginger,
lemongrass, coriander spiced breadcrumbs & oven baked €12.50

Bruschetta

Toasted garlic ciabatta, topped with fine tomatoes, goats'
cheese, basil, and balsamic vinegar €10.50

Allergen Info: Gluten Free = GF, 1 Cereal containing gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soya Beans, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur Dioxide, 13. Lupin, 14. Molluscs



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... MAIN COURSE ...

Thai Red Monkfish & Prawn Curry €32.50

In authentic Thai red Curry sauce - Jasmine rice 1,4,7
- Garlic naan bread

Duckling a la Orange €32.50

Roast half Duckling (boneless) with a Cointreau GF, 7
& Orange Sauce with choice of side order

Surf & Turf €35.00

Grilled prime Irish Fillet Steak - Garlic King Prawns. GF,2,7
Served with Pepper Sauce & Chunky Chips

Grilled Irish Hereford Steak €32.50

Grilled Prime Irish Sirloin Steak with Sauté Onions, GF,7
Grilled Tomato, Pepper Sauce & Chunky Chips

Grilled fillet of Seatrout - in a mussel sauce €32.50

Grilled fillet of Seatrout, served with a white wine and 4,7,14
mussel cream sauce - choice of side

*Selection of Side Orders: Chunky chips, Garlic sauté potatoes, Mash, Vegetables,
baby boiled potatoes*



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... MAIN COURSE ...

Chicken Cordon Bleu

€28.50

Chicken fillet escalope stuffed with baked ham – Swiss cheese , coated with breadcrumbs – pan seared , then oven baked and served with Dijon cream sauce and a choice of side

1, 7

Rump of Irish Lamb

€32.50

Pan seared - roasted rump of Irish Lamb on a bed of roast root vegetables Served with Borderlaise sauce and choice of side

GF

Chefs Catch of the Day

€28.50

Please Ask your Server

Halloumi Kebabs – Harissa & Honey

€22.50

Grilled Halloumi Cheese - Vegetable Kebabs , basted with honey - harissa paste from Tunisia – grilled.

G,7

Served with Basmati Rice

Beef Stroganoff

€35.00

Strips of prime Irish fillet Steak, sautéed with onions, mushrooms, garlic, smoked paprika, Dijon mustard – finished with brandy & cream. Served with Basmati rice or chips

G,7

Selection of Side Orders: Chunky chips, Garlic sauté potatoes, Mash, Vegetables, baby boiled potatoes

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• • • LIGHTER OPTIONS • • •

Supreme of Chicken Chorizo & Smoked Bacon €22.50

Served with cream sauce on a bed of creamy mash & a choice of side *GF,7*

Sirloin Steak Sandwich (6oz) €23.50

Served on a garlic/cheese ciabatta with sautéed onions, pepper sauce & skinny chips *1,7*

Fresh Jumbo Scampi 1,2,3 €23.50

Cooked in a crispy batter served with homemade chips & a tartare sauce dip *1,2,3*

Fish & Chips 1,3,4 €19.50

Fresh filet of Hake in Panko breadcrumbs- Served with chunky chips, mushy peas & tartare sauce *1,3,4*

Chefs medium Spiced Chicken Curry €19.50

Served with garlic/naan bread & accompanied with rice/chips *GF*

Chef's Authentic Thai Red Vegetable Curry €17.50

Served with basmati rice or chip *GF*

Add Chicken €19.50



ISLE RESTAURANT

... DESSERTS ...

Finish your meal with one of our Homemade Desserts

Chef's Fresh Strawberry Pavlova with Cream	€8.50 3,7, GF
Crème Brulé with Cream or Ice Cream	€8.50 3,7
Chocolate Brownie, Chocolate Sauce with Vanilla Ice-cream	€8.50 1,3,7
Apple Crumble with Custard or Ice Cream	€8.50 1, 3,7
Carrot Cake, Butter Scotch sauce served with Vanilla Ice-cream	€8.50 1,3, 5, 7,8
Vanilla Cheesecake with Strawberry Ice-cream	€8.50 3,7, GF
Pistachio Cherry Financier served with Ice Cream	€8.50 1.3,5,7
Irish Coffee €8.50	
Coffee Royale €8.50	
Calypso €8.50	
Baileys Coffee €8.50	

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10.Mustard 11. Sesame Seeds 12. Sulphur Dioxide 13.Lupin 14. Molluscs 15.Sulphites